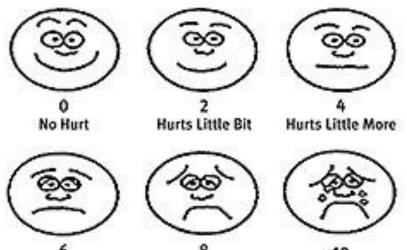
#### First United Methodist Church 101 E. Main St. Westfield, NY

July 30, 2017 8<sup>th</sup> Sunday after Pentecost

## PAIN RATING FACE SCALE



Hurts Even More

Hurts Whole Lot

10 Hurts Worst

# Labor Pains: The Sequel



8:30 – Praise & PowerPoint Worship (Gibbs Parlor) 10:00 – Worship (Sanctuary) Followed by – Coffee Fellowship (Fellowship Hall) Pastor Molly Golando

#### Things to look forward to:

August 6 – combined 10 am worship [with communion] (on the lawn – weather permitting) followed by church picnic & games. Meat, dessert and beverages will be provided. Attendees should bring a generous dish to share, their own place setting and a chair for outside church service (weather permitting). Feel free to bring some outdoor games!
August 21 – 24 – VBS!!!!!

September 10 – Fall Schedule resumes with Sunday School September 11 – Ad Board

July 30, 2017

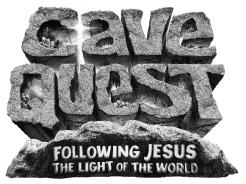
The readings for this week:

Genesis 29:15-28 Romans 8:26-39 Psalm 105:1-11, 45b Matthew 13:31-33,44-52

#### VBS – Aug 21 – 24

The Sunshine list has been updated (now on blue paper) and is available at the Welcome Center near Gibbs Parlor

If you did not have your photo taken (or give us a photo for the directory), there will be a supplemental page going out this summer. Please contact the office to arrange for getting your photo taken or how to submit a photo. Thanks



VBS – Aug 21 – 24

Volunteers needed for registration and snacks (5:50-6:15 ish)



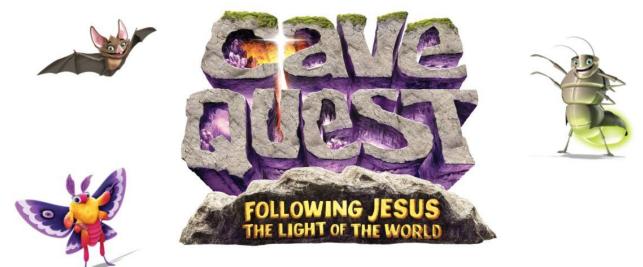
August 6 – combined 10 am communion service with church picnic to follow

Meat, dessert and beverages will be provided.

Attendees should bring a generous dish to share, their own place setting and a chair for outside church service (weather permitting). Feel free to bring some outdoor games!

If anyone is interested in assisting with building a wheelchair ramp in Westfield in August, please contact Pastor Nick.

### VBS (Vacation Bible School)



August 21-24, 2017 6:00-8:00 pm

(registration/Check-in starts at 5:50)

First United Methodist Church

101 E Main St, Westfield, NY



Ages 3 to entering 6th grade

Songs, Stories, Games and Crafts!

Monday —pizza dinner to kick off VBS!

Snacks every day

\*\* Mission project: bring school supplies

Pre register by August 17

http://www.westfieldumc.org/vbs-registration/

#### This Week: July 30 - August 6 (13), 2017

<b>Sunday</b> (30):	8:30 – Worship (G)
	10:00– Worship
	Coffee Fellowship (FH)
<b>Monday</b> (31):	11:30- 12:30 WCK (FH)
Tuesday (1):	1 – 2:30 – Food Pantry
Wednesday (2):	4:30 - 6pm WCK (FH)
	6pm – TOPS (Gibbs)
Thursday (3):	Pounding Class (FH) [if bad weather]
Friday (4):	11:30- 12:30 WCK (FH)
Saturday (5):	
<b>Sunday</b> (6):	combined 10:00– Worship
	Communion
	Church Picnic
	4 – 10pm – Private Function (FH)
<b>Monday</b> (7):	11:30- 12:30 WCK (FH)
<b>Tuesday</b> (8):	1 – 2:30 – Food Pantry
Wednesday (9):	4:30 - 6pm WCK (FH)
	6pm – TOPS (Gibbs)
<b>Thursday (</b> 10):	Pounding Class (FH) [if bad weather]
Friday (11):	11:30- 12:30 WCK (FH)
Saturday (12):	
<b>Sunday</b> (13):	8:30 – Worship (G)
	10:00– Worship
	Coffee Fellowship (FH
	WCK = Westfield Community Kitchen; FH = Fellowship Hall; San = Sanctuary; G = Gibbs